

# FREE RED HEART CROCHET UPCYCLED DRESS PATTERN



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CROCHET | SKILL LEVEL: EASY

## MATERIALS

**Red Heart® All in One™ Flower Power™** (8.8 oz/250 g; 417 yds/381 m)

Sizes	XS/S	M	L	
<b>Main Color (MC)</b>	1	1	1	<b>ball</b>
What In Carnation (2002)	4	4	6	Squares

Sizes	XL	2/3XL	4/5XL	
<b>Main Color (MC)</b>	1	1	1	<b>ball</b>
What In Carnation (2002)	6	8	8	Squares

**Red Heart® Super Saver™** (7 oz/198 g; 364 yds/333 m)

Sizes	XS/S	M	L	
<b>Main Color (MC)</b>	1	1	1	<b>ball</b>
Tea Leaf (0624)	60/55	73/67	82/75	yds/m

Sizes	XL	2/3XL	4/5XL	
<b>Main Color (MC)</b>	1	1	1	<b>ball</b>
Tea Leaf (0624)	100/91	115/105	130/119	yds/m

Size U.S. 1/9 [5.5 mm] Susan Bates® Silvalume® crochet hook **or size needed to obtain gauge.** Susan Bates® yarn needle. 4 buttons approx 1" [2.5 cm] diameter. Sewing machine or needle and thread to seam fabric sections.

**Note:** This sample was constructed using thrifted materials. The outer layer and straps are made of polyester organza drapes, and the lining is a cotton tablecloth with an eyelet border. All existing hems were preserved for ease of construction. If using an opaque outer layer, a lining fabric may not be required. Material requirements will depend on the fabric being used and the desired fullness of the Skirt. The suggested fullness, based on the sample, is 3 times the finished chest measurement. Cutting layouts will depend on your individual materials.

## ABBREVIATIONS

**Approx** =  
Approximately

**Beg** = Beginning

**Ch** = Chain(s)

**Dc** = Double crochet

**Hdc** = Half double  
crochet

**Inc** = Increase(ing)

**Rep** = Repeat

**Rnd(s)** = Round(s)

**RS** = Right side

**Sc** = Single crochet

**Sl st** = Slip stitch

**Sp(s)** = Space(s)

**St(s)** = Stitch(es)

**Tog** = Together

**Tr** = Treble crochet

**WS** = Wrong side

## SIZES

### To fit chest measurement

<b>XS/S</b>	<b>28-34" [71-86.5 cm]</b>
<b>M</b>	<b>36-38" [91.5-96.5 cm]</b>
<b>L</b>	<b>40-42" [101.5-106.5 cm]</b>
<b>XL</b>	<b>44-46" [112-117 cm]</b>
<b>2/3XL</b>	<b>48-54" [122-137 cm]</b>
<b>4/5XL</b>	<b>56-62" [142-157.5 cm]</b>

### Finished chest

<b>XS/S</b>	<b>34" [86.5 cm]</b>
<b>M</b>	<b>38" [96.5 cm]</b>
<b>L</b>	<b>42" [106.5 cm]</b>
<b>XL</b>	<b>46" [117 cm]</b>
<b>2/3XL</b>	<b>54" [137 cm]</b>
<b>4/5XL</b>	<b>62" [157.5 cm]</b>

## GAUGES

Motif = Approx 6" [15 cm] square.  
12 sc and 15 rows = 4" [10 cm].

## INSTRUCTIONS

### FLOWER SQUARES

With MC, make **4 (4-6-6-8-8)** Squares.

See *Diagram on page 6.*

### Notes:

- Motifs begin with Color 1 (shortest color rep) from center of pull-skein, leaving a 4" [10 cm] tail to weave in.
- 2nd and 3rd rnds will be worked in Color 2.



- 4th, 5th, and 6th rnds will be worked in Color 3.
- If too much color is left at end of rnd, pull back some sts and slightly loosen gauge to re-work sts and finish at color change. If too little color is left, pull back some sts and slightly tighten gauge to re-work sts and finish at color change.
- At end of final rnd, Motif should measure 6" [15 cm] square, with long tail (at least 24" [61 cm]) rem for seaming.
- Adjust gauge as needed working 4th, 5th and 5th rounds of Flower Motif to maintain 6" [15 cm] square finished size to match Granny Square Motif.
- Ch 3 at beg of rnd counts as dc.
- Ch 2 at beg of rnd **does not** count as st.
- Join all rnds with sl st to first st unless otherwise stated.

With Color 1, ch 4. Join with sl st to first ch to form ring.

**1st rnd:** Ch 3. 9 dc in ring. Join. 10 dc. Color 1 complete.

**2nd rnd:** With Color 2, ch 3. 1 dc in same sp as last sl st. 2 dc in each dc around. Join. 20 dc.

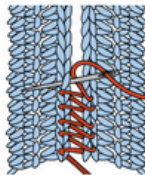
**3rd rnd:** Sl st in next dc. (Ch 3. 1 tr) in same st as last sl st. 3 tr in next dc. (1 tr. 1 dc) in next dc. Sl st in next dc. \*(1 dc. 1 tr) in next dc. 3 tr in next dc. (1 tr. 1 dc) in next dc. Sl st in next dc. Rep from \* around, ending by joining with sl st to first sl st. Color 2 complete.

**4th rnd:** With Color 3, sl st in first dc (top of ch-3 of 3rd rnd), to beg rnd at start of first Petal. Ch 3. \*1 dc in next tr. 1 hdc in next tr. 1 sc in next tr. 1 hdc in next tr. 1 dc in each of next 2 sts. 1 tr in dc of 2nd rnd below sl st.\*\* 1 dc in next dc. Rep from \* 3 times more, then from \* to \*\* once. Join.

**5th rnd:** Ch 6 (counts as tr and ch-2). 1 tr in same sp as sl st. \*2 dc in next st. Ch 1. 1 dc in next st. 1 hdc in next st. 1 sc in next st. Ch 1. Skip next st. 1 sc in next st. 1 hdc in next st. 1 dc in next st. Ch 1. 2 dc in next st.\*\* (1 tr. Ch 2. 1 tr) all in next st. Rep from \* twice more, then from \* to \*\* once. Join to 4th ch of ch-6.

**6th rnd:** Sl st in next ch-2 sp. Ch 2 (**does not** count as st). 1 hdc in same ch-2 sp. Ch 3. 3 hdc in same ch-2 sp. Ch 1. \*(3 hdc. Ch 1) in each ch-1 sp to next corner ch-2 sp.\*\* (3 hdc. Ch 3. 3 hdc) all in next ch-2 sp. Ch 1. Rep from \* twice more, then from \* to \*\* once. 2 hdc in first ch-2 sp. Join. Fasten off at end of Color 3, leaving long tail for seaming. Motif should measure 6" [15 cm] square.

See *Assembly Diagrams on page 7.* Using mattress stitch and A, seam Squares tog into 2 strips of **2 (2-3-3-4-4)** Squares.



MATRESS STITCH



**3rd row:** Ch 2. Working into front loops only, 1 dc in each of first 2 sc. \*Ch 2. Skip next 2 sc. 1 dc in each of next 2 sc. Rep from \* to end of row. Turn.

**4th row:** Ch 2. 1 dc in each of first 2 dc. 2 dc in next ch-2 sp. 1 dc in each of next 2 dc. Rep from \* to end of row. Turn.

**5th row:** Ch 2. Work in dc to end of row, evenly inc 1 (1-5-5-1-1) st(s) across row. **115 (127-151-163-187-211)** dc.

**6th row:** Ch 1. Sl st in first dc. \*Skip next 2 dc. (3 dc. Ch 3. 3 dc) in next dc. Skip next 2 dc. Sl st in next dc. Rep from \* to end of row. Fasten off.

With RS facing, rejoin A to first unworked back loop from 3rd row.

**Next row:** (Skirt joining row). Ch 2. 1 dc in each sc to end of row. Fasten off.

**Note:** This is row that fabric Skirt will be attached to.

### Upper Bodice Edging

See Diagram on page 6.

With RS facing, join A with sl st to upper left corner of Bodice, beg  $\frac{1}{2}$ " [1.5 cm] from edge to leave Button Band unworked.

**1st row:** (RS). Ch 1. Work **7 (10-4-7-4-10)** sc evenly along edge of sc section to next Square. Working 1 sc in each ch-3 sp, ch-1 sp and hdc, work in sc across edge of next **2 (2-3-3-4-4)** Squares. Work **16 (22-10-16-10-22)** sc evenly along edge of sc section to next Square. Working 1 sc in each ch-3 sp, ch-1 sp and hdc, work in sc across edge of next **2 (2-3-3-4-4)** Squares. Work **7 (10-4-7-4-10)** sc evenly along edge of sc to end of row, leaving last  $\frac{1}{2}$ " unworked for button band. **114 (126-144-156-186-210)** sc.

**2nd row:** Ch 1. 1 sc in each of first **12 (15-18-21-28-33)** sc. Ch 4. Skip next 4 sc. 1 sc in each of next **25 (25-28-28-29-31)** sc. Ch 4. Skip next 4 sc. 1 sc in each of next **24 (30-36-42-56-66)** sc. Ch 4. Skip next 4 sc. 1 sc in each of next **25 (25-28-28-29-31)** sc. Ch 4. Skip next 4 sc. 1 sc in each sc to end of row. Turn. **98 (110-128-140-170-194)** sc and 4 ch-4 sps.

**3rd row:** Ch 1. 1 sc in each sc and 4 sc in each ch-4 sp to end of row. **114 (126-144-156-186-210)** sc. Fasten off.

### Make Straps

Cut 2 strips of fabric approx 3" [7.5 cm] wide x 60" [152.5 cm] long. Taper ends slightly as shown in diagram, and overcast edges by hand or with a serger or sewing machine.

Fold Strap in half and loop around ch-4 sp in Upper Bodice Edging.



DRESS STRAP 1



DRESS STRAP 2

### SKIRT

**Note:** The construction of your Dress will depend on the materials being used. You may want less fullness if your fabric is heavier, or more depending on your personal style.

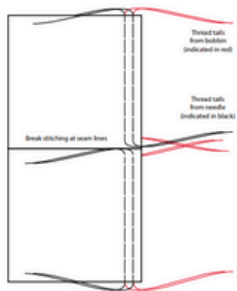
Cut Front and Back panels for Skirt. Sew side seams, leaving at least 2" [5 cm] open at top of right side seam.

Gather skirt until it matches Chest measurement to fit pieces of Bodice.

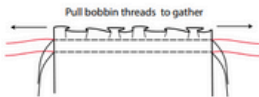
If gathering with a sewing machine, decrease tension on your machine, and set machine to a long straight stitch. Pull a 6" [15 cm] tail of thread from both the needle and the bobbin. **Do not** backstitch at start of row. Stitch a line approx  $\frac{1}{4}$ " [0.5 cm] down from top of Skirt, breaking your sewing wherever you encounter a seam, ensuring that you leave long tails at both the start and stop of each new line of stitching.



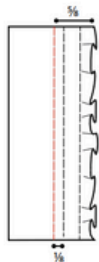
In same fashion, work an additional line  $\frac{1}{4}$ " [0.5 cm] below your initial row of stitching. You will now have 2 rows of gathering stitches.



Once all lines of stitching are complete, take the bobbin threads in one hand and pull gently to gather fabric.



You will need to manipulate the ruffles to ensure gathers are distributed evenly. Once gathers are distributed evenly, pin to crochet sts worked in Skirt Joining Row with RS facing (seam allowance will fall along interior of dress.) Sew tog using a straight stitch, using a  $\frac{5}{8}$ " [1.6 cm] seam allowance. Ensure that Button and Buttonhole Bands are not captured in seam.



Sew Buttons to correspond with Buttonholes at side of dress.



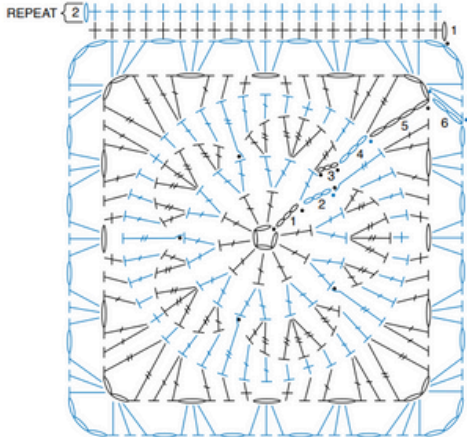
51 - 57 - 63 - 69 - 81 - 93

SKIRT FRONT/BACK

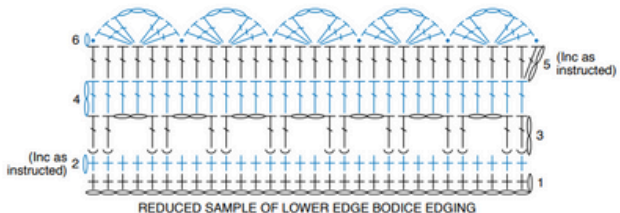
Finished measurements represent a skirt that is three times the fullness of the bodice measure. You may need to seam multiple panels together to achieve this width.

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EXTENDED BACK PANEL



MOTIF



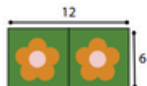
STITCH KEY

- = chain (ch)
- = slip stitch (sl st)
- † = single crochet (sc)
- ⌋ = double crochet (dc)
- ⌋ = worked in front loop only

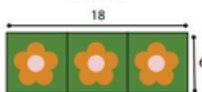


REDUCED SAMPLE OF UPPER BODICE EDGING

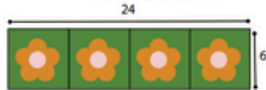
Front/Back Panel Assembly  
XS/S and M



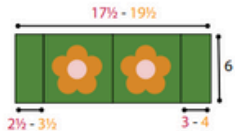
Front/Back Panel Assembly  
L and XL



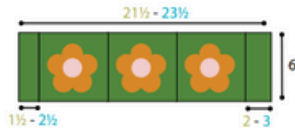
Front/Back Panel Assembly  
2/3XL and 4/5XL



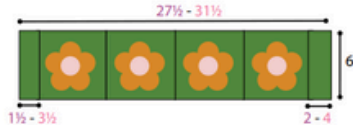
Back Panel - XS/S and M



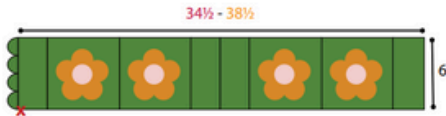
Back Panel - L and XL



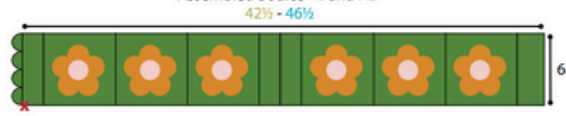
Back Panel - 2/3XL and 4/5XL



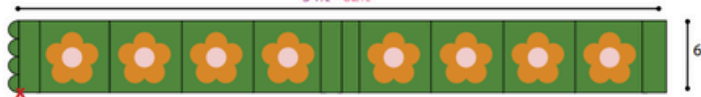
Assembled Bodice - XS/S and M



Assembled Bodice - L and XL



Assembled Bodice - 2/3XL and 4/5XL



**Congratulations!**

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