



# Cowl Neck Sweater

Designed by Mary Jane Protus.

Directions are for Size Small; changes for Sizes Medium, Large and Extra Large are in parentheses.

**RED HEART® “Light & Lofty®”:** 3 (3, 4, 4) skeins 9316 Puff **CA**  
**RED HEART® “Super Saver®”:** 2 (2, 2, 2) skeins 0316 Soft White **CB**.

**Knitting Needles:** 9mm [US 13].  
**Circular Knitting Needles:** 6mm [US 10] and 9mm [US13] – 24”.  
Stitch holder; yarn needle.

37) sts. Bind off 2 sts at beg of next 8 (8, 10, 10) rows, 3 sts at beg of next 2 rows – 8 (11, 10, 11) sts. Bind off.

**FINISHING-Cowl:** Sew shoulder seams. With right side facing, smaller circular needle and starting at center of back neck, pick up and K10 (10, 11, 11) sts across back, 13 (15, 17, 19) sts down left neck, K across 13 (14, 15, 16) sts from holder, pick up and K13 (15, 17, 19) sts up right neck edge, 9 (10, 10, 11) sts across back neck; turn, do not join – 58 (64, 70, 76) sts. K 6 rows. Change to larger circular needle and K every row until collar measures 7”.  
**Bind Off Row:** \* Bind off 1 st, yo, bind off yo, bind off 2 sts, yo, bind off yo; rep from \* around, bind off rem sts. Sew collar seam. Sew sleeve and side seams. Set in sleeves.



**RED HEART® “Light & Lofty®”,**  
Art. E708, solids - 6 oz, 140 yds;  
multis - 4.5 oz, 105 yds



**RED HEART® “Super Saver®”,**  
Art. E300, solids - 7 oz, 364 yds;  
prints & multis - 5 oz, 244 yds

**ABBREVIATIONS:** **beg** = beginning; **CA, CB** = Color A, Color B; **dec** = decrease; **inc** = increase; **K** = knit; **mm** = millimeters; **pat** = pattern; **rem** = remaining; **rep** = repeat; **st(s)** = stitch(es); **yo** = yarn over; **\*** = repeat whatever follows the \* as indicated.

**GAUGE:** 10 sts = 4”; 20 rows = 4” in pat with larger needles. **CHECK YOUR GAUGE. Use any size needles to obtain the gauge.**

**To Fit Bust:** 30-31 (33-35, 37-39, 41-43)”.  
**Finished Bust Measurement:** 32 (36, 40, 44)”.

**NOTE:** **CB** is used double throughout.

**BACK:** With larger needles and **CA**, cast on 41 (46, 51, 56) sts. K 9 rows.  
**Rows 1 and 3 (Right Side):** With **CB**, Knit.  
**Rows 2 and 4:** With **CB**, Purl.  
**Rows 5 and 6:** With **CA**, Knit.  
**Rows 7-10:** With **CB**, rep Rows 1- 4.  
**Rows 11-20:** With **CA**, Knit.  
Rep Rows 1-20 for pat until 14 (14½, 15, 16)” from beg, end wrong side row.  
**Shape Armholes:** Keeping continuity of pat, bind off 3 sts at beg of next 2 rows. Dec 1 st each end of next row – 33 (38, 43, 48) sts. Work even until armholes measure 7½ (8, 8½, 9)”, end wrong side row.  
**Shape Shoulders:** Bind off 2 (3, 3, 4) sts at beg of next 2 rows, 2 (3, 4, 4) sts at beg of next 2 rows, and 3 (3, 4, 5) sts at beg of next 2 rows – 19 (20, 21, 22) sts. Bind off.

**FRONT:** Work same as back until armholes measure 2 (2, 3, 3)”, end wrong side row.  
**Divide for Neck:** Keeping continuity of pat, work across first 10 (12, 14, 16) sts; turn and put rem sts on a holder. Work one row. Dec 1 st at neck edge every right side row 3 times – 7 (9, 11, 13) sts. Work even until front measures same as back to shoulder, end wrong side row.  
**Shape Shoulder:** Bind off 2 (3, 3, 4) sts at beg of next row. Work 1 row. Bind off 2 (3, 4, 4) sts at beg of next row. Work 1 row. Bind off 3 (3, 4, 5) sts. With right side facing, leave center 13 (14, 15, 16) sts on holder, join yarn to rem sts and work in pat to end. Complete to correspond to first side, reversing shaping.

**SLEEVES:** With **CA** and larger needles, cast on 22 (23, 24, 25) sts. Work 9 K rows, then pat rows 1-20 same as back AND AT THE SAME TIME shape sides by inc 1 st each end of 8 (8, 4, 4)th row, then every 6th row 7 (8, 9, 9) times – 38 (41, 44, 45) sts. Work even until 15 (16, 17, 17½)” from beg, end wrong side row.  
**Shape Cap:** Keeping continuity of pat, bind off 3 sts at beg of next 2 rows. Dec 1 st each end of next row – 30 (33, 36,

